



COVID-19 Policy at BSRA Boathouse Update as of 2/10/22

Buffalo Scholastic Rowing Association at 405 Ohio Street, Buffalo NY 14204 will remove the proof of vaccination policy effective immediately (Thursday, 2/10/22). The BSRA Board and Staff are following ECDOH & NYSDOH COVID-19 guidelines currently in effect.

Please wear a mask if you are unvaccinated.

Please see ECDOH and NYSDOH recommendations for isolation and quarantine when positive or exposed to COVID-19:

If you test positive for COVID-19, regardless of vaccination status:

- Isolate for 5 days beginning when you start having symptoms, or if you are asymptomatic, the day you tested positive for COVID-19 (That is day 0).
- If you are asymptomatic after 5 full days, or your symptoms are improving, your isolation period is over and you can return to practice.
- Wear a well-fitted mask for 5 additional days after your isolation period to the rowing club at all times. If you cannot tolerate a mask or you still have symptoms, stay in isolation for 10 days total.

If you are exposed to someone with COVID-19:

- **Fully Vaccinated:**
 - No quarantine/isolation from the boathouse is required, you should wear a well-fitting mask when at the facility for 10 days. This includes keeping the mask on when on the ergs and working out in the facility.
 - If symptoms appear, please test and quarantine before returning.
 - Quarantine ends if the test is negative or, if you've isolated according to the above guidance.
- **Unvaccinated:**
 - Isolate from the boathouse for 5 days beginning on the date of exposure. If symptoms appear, please test and quarantine before returning.
 - When you return to the facility, wear a well-fitting mask at all times for 5 additional days.

Additional notes:

- Ergs should be spaced 6 feet apart.
- All individuals are responsible to wipe down equipment after each use with disinfectant provided
- Monitor your health and pre-screen before coming to the boathouse. If you experience one or more symptoms of COVID-19, please consider staying home and testing before returning to the facility.
- Please communicate to your respective Head Coach.