

BSRA Code of Conduct

Goals

- Foster and maintain an environment which promotes physical and emotional well-being, as well as encourages a healthy balance between family, school and sport.
- Teach rowing skills and inspire commitment to improving these skills through focused training and opportunity to compete locally and regionally.
- Create and reinforce a culture of respect for the athletic community, team equipment, and safety guidelines.
- Build teamwork, sportsmanship and competitive integrity with a spirit of camaraderie and enjoyment.

Values

- | | | | |
|-----------|-----------------|--------------|---------------|
| • Balance | • Sportsmanship | • Commitment | • Integrity |
| • Respect | • Enjoyment | • Teamwork | • Inclusivity |

I recognize that my actions and attitudes reflect on the team and community, and I will always represent myself and Buffalo Scholastic Rowing Association in a positive manner.

- I will respect my teammates, coaches, parents, volunteers, race officials, competitors and myself.
- I will use good judgement and responsible behavior.
- I will support my teammates' efforts and celebrate their successes.
- I will not, in-person, via phone, text or online:
 - Make offensive comments based on physical attributes, skills, gender, race, ethnicity, culture, religion, sexual orientation, or disability.
 - Violate the rights or privacy of others, or bully or haze them.
 - Use abusive or obscene language/gestures/images; fight, use weapons, lie, or steal.
 - Engage in inappropriate displays of affection
- I will not use or possess alcohol, tobacco, weapons, illegal drugs, prescription drugs which have not prescribed for me, or performance enhancing drugs.

Safety and equipment:

- I will follow commands from my coxswain, any BSRA coach, and any regatta official, will responsibly look out for the safety and well-being of myself and others.
- I will respect and properly use all equipment and facilities of BSRA and host organizations. If I am unsure as to proper safe usage, I will ask for instruction.
- I will never take out equipment without permission and supervision.
- In the case of swamping or capsizing, I will stay with the boat. If assistance is not immediately available, all members of the boat will stay together and swim the boat to shore.
- In case of a crew member overboard, injured, or incapacitated, I will stop rowing and ensure one of the crew members signals the coach.
- I understand that I must report any injury, however minor, to the coach immediately.

BSRA Code of Conduct



Coaches who discover a violation will consider the severity of the violation and how it impacts the team or safety of an individual and may report misconduct to the BSRA Vice President of Rowing. Consequences will be based on the severity of the violation Coach's recommendation.

I certify that I have read and understand this Code of Conduct and will adhere to policies outlined here and in the Buffalo Scholastic Rowing Association's Handbook.

Athlete Signature

Print Name

Date

Parent Signature

Print Name

Date